

Launching the Recommendations of the Inquiry into Care at Home

The Care at Home Inquiry



Keeping safe, happy and well in their home is one of the biggest challenges faced by individuals, their families, the NHS and local authorities. Too many vulnerable, and elderly citizens enter expensive

hospital services for preventable reasons. Then become stuck inside the medical system. Unable to go home, or leave hospital into supported care homes. The problem is getting worse, not better.

We asked people who deliver 'Care at Home' services to take our challenge by joining the 'Care at Home Inquiry'. Too often the service provided is reduced to performing tasks in the shortest possible time. We wanted to find ways to care that work on an emotional, person centred and practical level.

Seeking caring professionals

In this unique 'challenge' we recruited people working within health and social care. Drawn from across a range of specialisms and professional grades. Nurses, social workers, GPs, and frontline care providers. We recruited as diverse a group as possible, who then met as equals during six intensive inquiry sessions.

Their recommendations could make a real difference to the lives of older people, their families and to workers in Elderly Health and Social Care.

Come to the Launch of the Inquiry Recommendations

The recommendations will be launched on the 12th Dec 2018 in Central Manchester.

Everyone has personal experiences of the 'care at home' system, and has stories related to themselves, their work or family members. Our expert facilitators helped participants explore the boundaries between their 'personal' and their 'professional' roles.

To support the Inquiry we ask the help of experts in Care at Home: Commissioners, NHS leaders, politicians, and academics.

When? And How to Take Part!

Wednesday 12th December 2018,
between 4pm and 7pm

Find us in the John Tocher Room, at the Mechanics Institute, 103 Princess Street, Manchester, M1 6DD

To take part follow the link below, or read more over the page and follow links to the Care at Home Inquiry web-page:

<https://care-at-home-inquiry.eventbrite.co.uk>



What we learnt at the inquiry

Through speaking with those with lived experience of the Care at Home system participants said they found out:

- The care sector is broken. We need a clear plan of action.
- Personal stories matter if we want to be valuing the person
- Privatisation of the care sector has not led to wholesale improvement for the cared for person
- People power is key to providing better care at home
- We need to invest in services to strengthen communities
- Positivity gets a message out that there are people to help



Highlights of the Inquiry recommendations

The Inquiry produced many recommendations.

Below are just a few:

“Commissioning practices are currently too rigid to accurately reflect a personalised approach.”

“Care navigation models to be developed and available from 18+.”

“Consider creating a professional body for social care workers, similar to the General Medical Council or the Nursing Medical Council.”

“Improve terms and conditions for the contracts of Social Care Workers, and ensure these meeting legal requirements.”

“Suitable, safe, reasonable accommodation for all.”

“Prioritise earlier intervention”

“Good public transport remains essential to a good life at home.”

“Greater integration of Health, Social Care, Housing, or Voluntary Sector Services in Care Planning”

At the launch of the recommendations you can contribute to great Care at Home:

- Join members of the Oversight group who set the Inquiry question, and Inquiry members who produced the recommendations
- Meet commissioners and committed professionals wishing to implement changes to Care at Home services
- Debate how the recommendations can be implemented.

Take part or to find out more

By coming to the launch of the recommendations you can take on the Challenge of Care at Home. More at

www.sharedfuturecic.org.uk/inquiry-in-the-challenge-of-care-at-home-sharing-the-recommendations-12th-december-2018/

Who supports the Inquiry?

Primarily the participants, who made it work. They remain central to the whole process. They were supported by:

Witnesses and ‘commentators’ who were invited to some sessions to bring in their lived experience, and offer different perspectives.

An oversight group with a range of expertise and the experience to help the facilitation team design and deliver the inquiry. Key commissioners and public engagement experts set the “Inquiry Question”: A compelling ‘call to attention’ that we will use to frame your conversations.

Expert facilitation led by Shared Future CIC to help participants explore the boundaries between your ‘personal’ and ‘professional’ roles. Guiding the participants towards making innovative and deliverable recommendations for change.

Collaborating Out Loud help to spread the word recruit participants and share the learning. Find out more about them at <http://collaborateoutloud.org/>

Everyone involved has personal experiences of the care at home system, we know NHS staff and social care teams are doing what they can, and will have stories related to themselves or family members.

The Inquiry seeks to build on our passion, professionalism and empathy.